



MINIDOKA  
MEMORIAL  
HOSPITAL

**The Best Babysitter is a SAFE SITTER!**

**Thursday, Friday June 24th & 25th Minidoka Memorial Hospital will offer a SAFESITTER COURSE.**

**SAFE SITTER** is a medically accurate program that teaches boys and girls age 11 to 13 how to handle emergencies when caring for young children.

**SAFE SITTERS learn:**

- What to do when a child stops breathing or chokes
- How to call for emergency help
- Basic children care skills ---diapering, feeding, etc.
- How to entertain children and keep them safe

Young children cannot always communicate their needs to protect themselves. The babysitter must be able to handle whatever situation arises. Safe Sitter classes are available through Minidoka Memorial Hospital. A fee of \$35.00 covers the 12-hour program. Scholarships are available based on financial need.

**To register your baby sitter, or your son or daughter call Trena Phillips, RN at Minidoka Memorial Hospital 436-0481 ext. 369.**