

# SAFESITTER

Safe Sitter® Expanded is a 2-day class designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting.

The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue and CPR!



## CLASS CONTENT

### SAFETY SKILLS

Indoor Safety • Outdoor Safety • Online Safety • Personal Safety • Handling Emergencies

### CHILD CARE SKILLS

Child Development • Child Care Duties • Behavior Management

### FIRST AID & RESCUE SKILLS

Injury Prevention • First Aid and Injury Management • Choking Rescue • CPR

### LIFE & BUSINESS SKILLS

Job Screening • Setting a Wage • Canceling Jobs • Meeting Employers

## CLASS INFORMATION

Date: June 8th & 9th

Time: 9:00 am to 3:00 pm both days

Place: Minidoka Memorial Hospital Conference Room

To register please contact the Education Department at (208) 436-0481 ext. 2128 or email [education@minidokamemorial.com](mailto:education@minidokamemorial.com)

